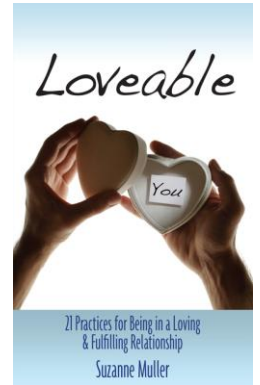


Available for In-Studio Interviews

"Being loveable isn't about only love, it's about learning how to love someone else. It's about how to be loved, allowing love in, loving and honoring yourself. Instead of using strategies and manipulation to get love, give love freely and love will come back. Instead of worrying that you will not be loved, speak and listen from love, which will bring more love your way." - Suzanne Muller



The 5 Do's & Don't for Being Loveable Over The Long-Term

43% of all Americans over the age of 18 are single according to the US Census bureau and 24% are divorced. However, people are still committed to being in love and meeting that special someone. They are still seeking lasting love.

Your viewers and listeners are hungry to crack the code of how to be successful in dating, relationships, and love. Why not make these processes easy and effective for people so they can truly have what they are looking for? Expert Suzanne Muller, a former Denver resident, is in town from Switzerland and ready to help your viewers be more **Loveable!**

The Five Don'ts to Being Loveable:

- #1- Don't stay frustrated, resentful or regretful from past relationships and ex's. It blocks the heart.
- #2- Don't have high or low expectations.
- #3- Don't have negative or disempowering thoughts.
- #4- Don't ask your friends for advice and get everyone's opinion. This can cause confusion.
- #5- Don't give vague answers or half of an answer when asking for what would make you happy.

The Five Do's to Being Loveable:

- #1- Do release your leftovers (your ex's)
- #2- Do have zero expectations.
- #3- Do build the muscle to shift your thoughts instantly into positive.
- #4- Do follow your own heart, trust your own instincts, and honor you.
- #5- Do explain exactly what would make you happy. Give the full answer in a kind and direct way.



Suzanne Muller is author of the book, *Loveable: 21 Practices for Being in a Loving & Fulfilling Relationship* and a co-author of the best selling book *Sexy Secrets to a Juicy Love Life*. She shares her experience from eight long years of serial dating and finally learning the key to finding that loving relationship, how to be loved by a man, how to love a man, and how to love and honor herself ... by being Loveable. Suzanne helps people find the joy and ease in dating and true partnership when they think it is hopeless and frustrating. Suzanne advises, "It takes much more than being in love these days to have a relationship work. It's being loveable over time that's will have relationships last!" As a dating and love life coach, Suzanne helps clients break unhealthy patterns and be the source of their own love life.

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